

How to make **My Cress Head**



You will need:

An egg shell or yogurt pot
Cotton wool
Water
Cress seeds
Googly eyes
Pen
Glue



1. Stick googly eyes on to your pot or draw with a pen
2. Fill your empty yoghurt pot or egg shell with cotton wool
3. Leave some space at the top so the seeds don't fall out
4. Pour in a little water until the cotton wool is damp but not soaked with water
5. Sprinkle the cress seeds over the cotton wool
6. Leave your cress head in a warm, sunny position and wait for the hair to grow. If you're using an empty egg shell then the egg box is an ideal stand

